



Top Table Manners for Children

1. Wash your hands – always come to the table with clean hands and face.
2. Napkins – put your napkin on your lap when you sit down.
3. Wait to start – start when everyone else starts or your host tells you.
4. B & D – remember the secret signs – b = bread on the left and d = drink on the right.
5. Elbows – always keep your elbows off the table.
6. Keep still – don't fidget in your seat!
7. Small mouthfuls – take small mouthfuls of food.
8. Mouth closed – keep your mouth closed and don't talk with food in your mouth.
9. Noises – always eat quietly. Don't burp or slurp!
10. Be polite – remember to say please and thank you.
11. Reaching – ask for something you need instead of reaching for it.
12. Use utensils – if you have utensils you should use them instead of your fingers.
13. No Yucks! – if you don't like it leave it on the plate, don't say "Yuckkkk".
14. Electronics – don't bring anything to the table, it's time to eat and enjoy food!
15. Don't interrupt – wait your turn to speak, listen to what your friends have to say.
16. Chatting – chat with everyone at the table, it's fun!
17. Being excused – always ask to leave the table.
18. Finishing the meal – place your utensils together on the plate.
19. Tidying up – always offer to help!
20. Thank the host – don't forget to say thank you to whoever prepared your meal.